



## SUBSTANCE USE PREVENTION PARTNERSHIP MONTHLY NEWSLETTER

This is the monthly newsletter of the SUPP Coalition. We share information and updates central to our mission: *To strengthen our communities to support alcohol and drug free youth in Lincoln County.*



**NAMI Maine Helpline:** Phone: 1-800-464-5767, press 1  
Email: [helpline@namimaine.org](mailto:helpline@namimaine.org)  
**National Suicide Prevention Lifeline:** 1-800-273-8255  
(press 1 for the Veteran Crisis Line)  
**Maine Crisis Hotline:** 888-568-1112 (text or call)  
**Crisis Text Line:** Text HOME to 741-741  
**Maine Intentional Warmline:** 1-866-771-9276  
**For statewide assistance call:** 207-221-8198



Healthy Lincoln County  
281 Main Street | PO Box 1287 | Damariscotta, ME 04543 Follow  
(207) 563-1330

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