



SUBSTANCE USE PREVENTION PARTNERSHIP

This is the monthly newsletter of the SUPP Coalition. We share information and updates central to our mission: To strengthen our communities to support alcohol and drug free youth in Lincoln County.

SAVE THE DATE SUPP Coalition Meeting: October 22 @ 2:30 pm

LincolnHealth Education Building (66 Chapman St. in Damariscotta), Classroom 4

DRUG TAKE BACK DAY ON SATURDAY, OCT 26

Drug Take Back Day is here again, on Saturday October 26. There are five locations in Lincoln County where anyone can drop off medications for safe disposal. It's quick, easy, and there are no questions asked.

Removing unwanted, expired, and unused medications from the home is an effective way to prevent these drugs from getting into the wrong hands, preventing accidental exposures with pets or children, and protecting our natural resources.

Help us spread the word to everyone in our community about this resource. Through this event, we usually receive over 500 pounds of medicine for disposal.

[Download the flyers here](#) or share our [social media posts](#). [Contact us to learn more!](#)



HELP SPREAD THE WORD ON SOCIAL MEDIA



Preventing Accidental Ingestion



Preventing Pet Exposure



Protecting Our Natural Resources

SUPP COALITION RECEIVES \$15,000 DONATION

In September, Jess Breithaupt, Project Coordinator for Substance



Use Prevention programs at HLC was presented with a check from [Oranges From Morgan](#).

This very generous donation was given to support prevention efforts, in honor and memory of Morgan Mayo.

The SUPP Coalition will be discussing plans for using the donation at their monthly meetings. [Contact us to learn more](#).

To read more about Morgan Mayo, her family, and Oranges From Morgan:

<https://www.pressherald.com/2019/10/13/damariscotta-grandparents-confront-opioid-crisis-after-loved-ones-death/>



2019 MAINE PREVENTION PROFESSIONALS CONFERENCE

Rising Above and Creating Hope: Engaging Communities in Prevention: October 29-30 in Freeport

Prevention Professionals Conference is designed to offer Maine's Prevention Community a broad range of learning opportunities, what was formerly known as Prevention Professionals Day has grown to become a 2-day conference. Participants can choose to attend either one or both days. The conference will focus on providing information and resources for the field of tobacco and substance use prevention including building resilience and protective factors as a prevention strategy; innovative approaches to addressing health disparities; framing and messaging; comorbidity tobacco and marijuana use; and engagement of youth in prevention. The program includes both panel presentations and plenary sessions that will provide the opportunity for interaction among participants.

[Click here to learn more!](#)

HLC CELEBRATES PUMPKINFEST 2019

If you're in Damariscotta in October, chances are you'll drive down Main Street to see all the amazing pumpkin displays. This year, Healthy Lincoln County promoted our messages with the theme, "Zombies want to be healthy too!" and you know they do! Check out our display at 280 Main and you'll see a zombie pumpkin family eating a meal together, and some zombies with sharing important prevention information!



Visit our Website

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(207) 563-1330

STAY CONNECTED

