



Healthy Lincoln County Summer Food Service Program 2017

Learning does not end when school lets out. Neither does the need for good nutrition. Nearly 18 million students depend on free or reduced-price school lunches and breakfasts for 9 months out of the year. For many of these children, summer vacation exposes them to an increased risk of hunger and developmental decline. Children who miss breakfast or lunch are more likely to be sick, absent or tardy, disruptive in class, and inattentive. They also score lower on achievement tests. Good nutrition is essential for learning in school. The Summer Food Service Program, with support from the USDA, gives our communities in Lincoln County an opportunity to improve a child's physical and social development while providing nutritious meals. The Summer Food Service Program helps all students return to school ready to learn.



Site Locations and Partner Programs:

- Boothbay YMCA: Day Camps, and open for drop ins
- CLC/YMCA Damariscotta: Traditional Day Camp, Sports and Dance camps
- Camp Knickerbocker, Boothbay: Traditional Day Camp, Sports, Theater Camp
- Hearty Roots at two locations: Hidden Valley Nature Center and Great Salt Bay Elementary
- Jefferson Village Elementary Soccer Camp
- Medomak Valley High and Middle School Life Skills Program
- Miller Elementary School: Town Recreation Department Camp and Summer School
- Skidompha Library, Damariscotta
- Warren Community School: A.C.E. (Afterschool Care Enrichment Program)
- Wiscasset Recreation: Town Recreation Department Camp and Summer School

**10,144 healthy meals served:
3,275 breakfasts and 6869 lunches
to more than 500 children!**

- Supported local programs that provide healthy activities for kids in our community.
- Employed 2 MSAD 40 kitchen staff workers during the summer months and 1 AOS 98 kitchen staff.
- Oriented and trained 24 volunteers for the program.

To find out more information or to volunteer during the summer months contact:

Patricia Buck-Welton, Summer Food Service and Programs Coordinator

* patriciab@mcdph.org * 207-563-1330



a project of  MCD
Public Health

Stay current on [facebook.com/LincolnCountySummerMeals](https://www.facebook.com/LincolnCountySummerMeals)