



April, 2017

SUBSTANCE USE PREVENTION PARTNERSHIP

Strengthening our communities to support alcohol and drug free youth in Lincoln County

Next SUPP Coalition Meeting: NEW TIME!

Our next SUPP coalition meeting will be Thursday, April 13th, 2:30 to 4:00 pm at Lincoln County Regional Planning Commission, 297 Bath Road, Wiscasset. May meeting is scheduled for Thursday, May 11th.

Did you know? 4 out of 5 Lincoln County high school students do not drink alcohol. (MIYHS 2015)

PARENT TIP OF THE MONTH

Please feel free to share our tip of the month with your mailing list. It's available here: <http://healthylincolncounty.org/substance.html> or on [our Facebook page](#).

Tip of the Month:

Parents, Talk Early, Talk Often!

YOU CAN MAKE A DIFFERENCE IN TEEN ALCOHOL USE, START A CONVERSATION TODAY!

LINCOLN COUNTY SUBSTANCE USE PREVENTION PARTNERSHIP

April is Alcohol Awareness Month

NCADD
ncadd.org

44.7% of Lincoln County high school students see little or NO risk of alcohol use. (MIYHS 2015)

5 Conversation Goals

Research shows that parents are the #1 reason young people decide not to drink. So, start talking to your children about alcohol as early as 9 years old.

1. Show you disapprove of underage drinking

2. Show you care about your child's happiness and well-being
3. Show you're a good source of information about alcohol.
4. Show you're paying attention and you'll notice if your child drinks.
5. Build your child's skills and strategies for avoiding underage drinking.

For more resources to help you have the conversation to: [Talk They Hear You](#)



Newcastle Man to Run Boston Marathon for Hungry Kids

Alain Ollier, of Newcastle and formerly of France, will run in the Boston Marathon on Patriots Day to raise funds for Healthy Lincoln County's summer meals program. Last year, Healthy Lincoln County provided 12,500 healthy meals through breakfasts and lunches to more than 550 children.

"As a Frenchman living in Maine running the Boston marathon is a great honor. It will be an even greater one to do my part to contribute in the fight against food insecurity in my wonderful

adopted state," says Alain.

[Click here to donate today. Read the full news story here.](#)

Upcoming Learning Opportunities:

Responsible Beverage Server Training

Wednesday, May 3rd from 12:30pm to 4:00pm

at the Lincoln County 911 Communications Center, Wiscasset

Call Patricia at Healthy Lincoln County to register: 207-563-1330 or email patriciab@healthylincolncounty.org

Maine Behavioral Health Workforce Development Training:

April 21st: What Maine Providers Need to Know in the New Era of Marijuana Policy

<http://www.mainebehavioralhealthworkforce.org/trainings/>

Visit us online at www.healthylincolncounty.org

