

SUBSTANCE USE PREVENTION PARTNERSHIP

Strengthening our communities to support alcohol and drug free youth in Lincoln County.

TIP OF THE MONTH- JUNE 2016

Please share this tip of the month with your contacts, mailing lists, and schools!
You can also share the [post on our Facebook page](#), or link to the web-based version available here: <http://www.healthylincolncounty.org/substance>



Congratulations!

When it's time to celebrate your teen's achievement, make a plan.
Be present for the memories. Talk with other parents and guardians about graduation parties. Explain your expectations for no alcohol. Provide adult supervision. Serve interesting refreshments.

tip of the month June 2016

**Lincoln County Substance
Use Prevention Partnership**

www.facebook.com/healthylincolncounty



Healthy
Lincoln County

UPDATE: NEW DATE FOR NEXT COALITION MEETING

Our next coalition meeting will be on **Tuesday, June 21st at 11am in Wiscasset**. At our last meeting, we decided to have the June meeting focus be on marijuana. More details will be sent out soon- we hope to see you there!

CELEBRATING OUR GRADS

Graduation is a special achievement. Help our teens make the memory last by planning a healthy and safe celebration.

- Co-hosting a celebration with your teen's friends' family is a way to ensure there is adequate adult supervision.
- Offer fun and creative non-alcohol drinks, and role model celebrating without alcohol.
- And always remember, if you hear about or witness underage drinking, you can send an anonymous tip. Add 274637 to your contacts so you have the number when you need it.



When you witness or hear about underage drinking or illegal drug use, send an anonymous tip.

- Text "LTip" with your tip to 274637 (CRIMES).
- Submit a tip online at HealthyLincolnCounty.org
- Download the free "TipSubmit Mobile" App on the Apple App Store or Android Market.

- Share these tips, and see more at www.facebook.com/healthylincolncounty

Visit us online at www.healthylincolncounty.org

