



## Lincoln County Summer Food Service Program - 2017

# Menu - Miller Elementary Kitchen

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> <b>*Breakfast</b>	Whole Grain Muffins Fruit or 100 % Juice Cup Milk	Whole Grain Cereal & Graham Cracker Fresh Fruit or 100% Juice Cup Milk	Whole Wheat Breakfast Bun Fresh Fruit or 100% Juice Cup Milk	Bagel \$ Cream Cheese Fresh Fruit or 100% Juice Cup Milk	Whole Grain Oatmeal Bar Fresh Fruit or 100% Juice Cup Milk
<b>*Lunch</b>	PB & J Pocket w/cheese stick Fresh Cut Veggies Fresh Fruit Milk	Egg Salad Sandwich Fresh Cut Veggies Fresh Fruit Milk	Chicken Caesar Salad Whole Grain Breadstick Fresh Fruit Milk	Ham & Cheese mini Italian Fresh Cut Veggies Fresh Fruit Milk	Turkey & Cheese Sandwich Fresh Cut Veggies Fresh Fruit Milk
<b>Week 2</b> <b>*Breakfast</b>	Whole Grain Cereal & Graham Cracker Fruit or 100 % Juice Cup Milk	Whole Grain Muffins Fresh Fruit or 100% Juice Cup Milk	Bagel \$ Cream Cheese Fresh Fruit or 100% Juice Cup Milk	Whole Grain Cereal & Graham Cracker Fresh Fruit or 100% Juice Cup Milk	Assorted Breakfast Fresh Fruit or 100% Juice Cup Milk
<b>*Lunch</b>	PB & J Pocket w/cheese stick Fresh Cut Veggies Fresh Fruit Milk	Ham & Cheese Wrap Fresh Cut Veggies Fresh Fruit Milk	Fresh Garden Salad Cheeses Stick and Bread stick Fresh Fruit Milk	Grilled Chicken and Cheese Wrap Fresh Cut Veggies Fresh Fruit Milk	Yogurt w/granola & Graham Crackers Fresh Cut Veggies Fresh Fruit Milk

**\*Subject to change due to demand**

**Meals will rotate every two weeks.**

**Have a safe and fun summer!**

The Summer Food Service Program & USDA is an equal opportunity provider and employer.

**Meals must be eaten on-site.**

For more information contact: Patricia Buck-Welton @563-1330 or

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